

Personal Development

Expected School-wide Learning Results

In our efforts to have well-rounded students, Valley Oaks suggests that all students expand their learning experiences by incorporating the following activities into their courses of study. You can use this checklist as these school-wide expectations are completed, no matter which curriculum you are using. Ideas for each activity are included, but you can discuss other options and grade level expectations with your Resource Teacher. Provide information that demonstrates what your student has learned from participating in these activities.

ACTIVITIES

GOAL SETTING

Have a family discussion about goals. Suggestions: Why are goals important? Should you set goals that are easy or hard to reach? How will you be different at each stage of goal-setting? What goals have you as parents set in your lifetime? How can each goal be accomplished? The student should set at least two goals for each.

Daily goals: _____

Weekly goals: _____

Monthly goals: _____

Yearly goals: _____

COMMUNITY SERVICE

A minimum of three hours is recommended for completing this goal. Opportunities to serve can be found at school, in the community, at church, local museums, etc. Document work done (what, where, when, how long).

Service performed: _____ Date: _____

CULTURAL AWARENESS

Select a culture and learn more about it. Attend an event (Greek Festival, Scottish Celebration, Cinco De Mayo parade, etc.), eat the food, visit a locale, learn the language, research, etc. Document your activity by writing a paper or doing a project that includes what your activity was, dates attended, and what you learned.

Event attended/project: _____ Date: _____

FINE ART PERFORMANCE

Attend a musical or theatrical performance (Bakersfield Symphony, Shakespeare Festival, Bakersfield Music Theater, etc.) Document event, date, and location.

Event attended/project: _____ Date: _____

EXHIBIT

Visit an exhibit (Museum, Fair, CALM, etc.) Document name of exhibit and date attended.

Exhibit attended/project: _____ Date: _____

PROBLEM SOLVING

Identify a problem and create a solution. Find something that needs to be improved, cleaned up, organized, invented, modified, etc. Describe your problem and document your solution.

Problem/solution: _____ Date: _____

ORAL PRESENTATION

Give a pre-prepared oral presentation (oral language, poetry/verse, speech, etc.) to a group of people. Document your presentation (who, what, where, duration, when).

Problem/solution: _____ Date: _____

TECHNOLOGICAL ADVANCEMENT

Begin or continue developing computer skills. Give a sample or presentation to your resource teacher.

Skill learned: _____ Date: _____

GRADE LEVEL PROJECT

Kindergarten – “What I Want to Be “OR” All About Me” project

First - Learn about a career by research, interview, and visit (one page and drawing/collage) OR learn the name of your city, facts about it, and/or make a map.

Second - Famous American Person project and his/her influence on history OR research Personal Ancestral/Family History. (one to two pages with pictures/drawings – packet available)

Third – Kern County Report – focus on historical leaders, resources, climate, and Native Americans. (three pages)

Fourth – California Missions Project – Research a mission, write a report, and create an art project.

Fifth – State Report – (“How to” Packet available) and “States and Capitals” Test.

Sixth – Ancient Civilization History Report or Country Report - include pictures and drawings. (three to five pages)

Seventh – Renaissance/Medieval History Report (research a person, event, or artwork from the time period) OR do a Life Science Report choosing a topic from the text. (three to five pages)

Eighth – Pass the Constitution Test (ten week preparation class is offered)