



Be a confident consumer

If you're constantly on the lookout for a bargain, this could be your lucky month.

June's website feature is filled with tools and resources designed to help you snag better deals and avoid coming down with a case of buyer's remorse.

Check us out before your next shopping trip. You'll find:

- Consumer research tips
- Money-saving coupons
- Links to consumer-protection agencies

Your Employee Assistance Program (EAP) exists to help you and your family live a better life. Visit our website for information, tips and resources on a variety of practical topics.

800-999-7222
anthemEAP.com

This information is for general informational purposes only and all services may not be available with your EAP. Check with your employer for specific information on the EAP services available to you.

Administered by Health Management Corporation, an independent company.

Anthem Blue Cross is the trade name of Blue Cross of California. Anthem Blue Cross and Anthem Blue Cross Life and Health Insurance Company are independent licensees of the Blue Cross Association. © ANTHEM and 360° Health are registered trademarks of Anthem Insurance Companies, Inc. The Blue Cross name and symbol are registered marks of the Blue Cross Association.