



# Money Management

It's never too late—or early—to learn how to manage money wisely. January's feature offers information to help encourage financially savvy habits, including resources on:

- Making and keeping a budget
- Dealing with debt and managing credit
- Educating children about money

Your employee assistance program (EAP) wants to help you and your family to learn about issues important to your daily life. Visit our website for information, tips, and resources to encourage financially responsible behavior.

800-999-7222

[AnthemEAP.com](http://AnthemEAP.com)

Program Name: SISC

This information is for general informational purposes only and all services may not be available with your EAP plan. Check with your employer for specific information on the EAP services available to you.

