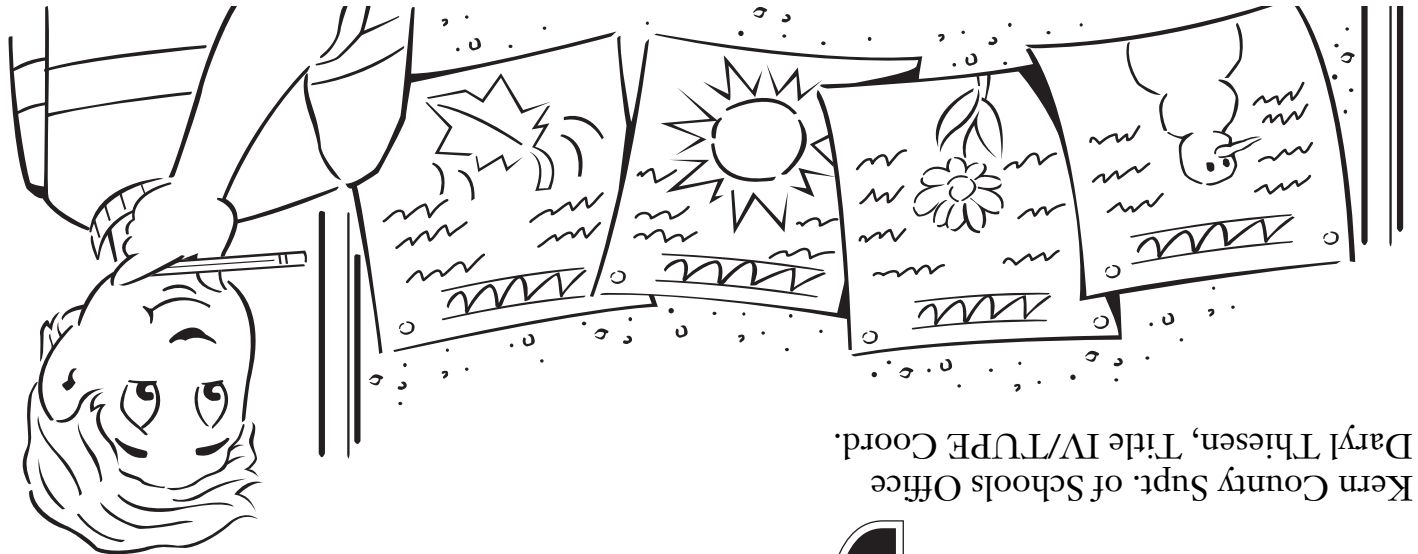


Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Help your child fill out a calendar with homework due dates and school events.	2 Label one place as a "special place" for important papers—a box, basket or folder.	3 The first "penny newspaper" was published in 1833. Read one story from the newspaper with your child today.	4 Have a family dinner by candlelight. Share the week's experiences.	5 Does your child have a library card? Help your child get one and use it regularly.
6 Tonight, talk with your child about the week ahead. Plan to do this every Sunday night.	7 It's Labor Day. Talk about the different ways people can earn a living.	8 Today is International Literacy Day. Read a favorite book with your child.	9 Turn off the TV this evening! Plan on reading or playing games instead.	10 Start a family savings jar. Everyone can decide on what the goal will be, and how much they want to donate!	11 It's the birthday of O. Henry, famous short story author. Read one of his stories with your child today.	12 Make a date to take your child out for breakfast.
13 Have your child write a letter to a friend or relative telling about the first week of school.	14 Visit the library and have your child check out a book about constellations.	15 Help your child find the best time to do homework. Some kids do best in the morning, others at night.	16 Strive for five. Kids need at least five servings of fruits and vegetables daily. Choose a new fruit to enjoy today.	17 Today is Citizenship Day. What does being a "good citizen" mean in your family? In school? Community?	18 Plan a late bedtime so everyone can read in bed. Serve a healthy snack.	19 Take a walk late tonight and look at the sky. Can your child pick out the constellations?
20 Have your child list examples of reading and writing in your house.	21 Make sure you and your child know school rules. Ask for a list of rules and post them on your refrigerator.	22 It's the Autumnal Equinox. Help your child look up the word <i>equinox</i> . What does it mean?	23 Talk about three ways you used math today. Ask everyone in the family to tell how they used math.	24 Watch the news with your child. Locate one place mentioned on a world map.	25 Plan a reading dinner. It's one time everyone can read at the table.	26 Johnny Appleseed was born in 1744. How many types of apples can your child find at the grocery store?
27 Have your child set a weekly goal and write it down. You can do this, too!	28 Visit the library. Check out a book about trees.	29 Have your child research a question that he does not know the answer to.	30 Does your child know how many days each month has? Teach her. "Thirty days hath ..."	<h2>September 2009</h2>		

Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>October 2009</h2>				1 Keep a record of the moon this month. Look at the moon every night and draw what it looks like.	2 Have a word of the day. Challenge everyone to use it in a sentence. Make this a daily habit.	3 Take a walk and look for signs of fall. See if your child can identify the trees you pass on your walk.
4 Talk about the <i>best</i> and the <i>worst</i> of your day. Everyone gets a turn to talk.	5 Does your child know who to call in an emergency? Make a list for your refrigerator. Practice what to say.	6 Have a contest—how many words can family members make from the letters in OCTOBER?	7 As baseball season winds down, play math facts baseball. Each problem your child gets right is a "base hit."	8 It's the anniversary of the Great Chicago Fire. Talk about fire safety with your child.	9 At dinner, have everyone share one thing they did that made them feel happy today.	10 At the grocery store, let your kids pick out an unfamiliar vegetable. Find a recipe and give it a try!
11 Make a leaf rubbing. Place the leaf on newspaper. Cover with thin paper and rub with a crayon.	12 Visit the library with your child and check out a book about birds.	13 Today is the birthday of Jesse Leroy Brown, the first black U.S. naval aviator. Watch planes at the airport.	14 Have each member of your family make a list of the places they'd like to visit. Talk about your lists.	15 Have your child make a chart of the birds he sees outside the window—by type of bird and time of day.	16 Today, help your child do something nice for someone.	17 Make a date to take your child out for breakfast. Then do something physical together.
18 It's Hunger Awareness Month. Do something to relieve hunger in your town or in the world.	19 Look in the weather section of the newspaper. Where are the highs and lows today?	20 Find out what's inside a seed. Soak a dry bean overnight, remove the coats and pull the halves apart.	21 Give your child tickets worth 30 minutes of TV time. Unused tickets can be cashed in for small treats.	22 Have your child read to you as you're cleaning up after supper. Or read to your child as he cleans up!	23 Plan a late bedtime so everyone can read in bed tonight.	24 Have everyone pitch in for a half-hour "blitz" of house cleaning. It teaches responsibility.
25 Make a display of edible seeds. Paste them on cardboard and identify them.	26 Visit the library and check out a book of jokes. Pick your favorites and share them with the family.	27 It's the birthday of Theodore Roosevelt. Help your child look up interesting facts about this president's life.	28 Review math facts at the dinner table tonight.	29 Have a No TV Night. Read or play a game with your child instead.	30 It's the birthday of Emily Post, an authority on manners. Talk about why manners are important.	31 Find a book that describes holidays around the world. Choose a new holiday to observe, or invent one.



Daryl Thiesen, Title IV/TUPE Coord.
Kern County Supt. of Schools Office

Elementary School Calendar

Activity Parent & Child

Parent & Child Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Feeling capable boosts your child's self-esteem. Take time today to teach your child a life skill.	2 Start a family library. Let your child have her own shelf or bookcase for her books.	3 Play Alphabet Mixup. Choose a word; rearrange the letters in alphabetical order. Can your child figure out the word?	4 Ask your child what changes he'd make if he ran for a political office.	5 Make a paper chain with one ring for each day until school vacation.	6 It's the birthday of James Naismith, inventor of basketball. Ask your child to name her favorite sport.	7 Save old socks to make puppets with your child. Encourage him to put on a puppet show.
8 Let your child plan dinner tonight. How many food groups can you include?	9 Visit the library. Check out a book about sports.	10 Squash is a native American food. When you're in the grocery store, choose a new squash to try.	11 Make an "I Am Special" scrapbook with your child.	12 Ask your child to imagine life 150 years ago. How about 150 years in the future?	13 Plan a reading dinner. Talk about a sports fact you learned this week.	14 Today is the birthday of Claude Monet, a French artist. Paint a picture with your child.
15 It's Peanut Butter Month. Challenge family members to come up with a new way to enjoy this food.	16 Today is International Day for Tolerance. Talk with your child about respecting the beliefs of others.	17 It's Geography Awareness Week. Quiz each other on state, province and world capitals at dinner tonight.	18 Encourage your child to sort his books by subject. He can use the library's system or invent his own.	19 Today is the anniversary of Lincoln's Gettysburg Address. Read it aloud with your child.	20 Have a "silent supper." During dessert, have everyone share what they were thinking about.	21 Take your child out for breakfast. Later, take a walk together.
22 It's National Game and Puzzle Week. Turn off the TV and play a game with your child.	23 Talk about the <i>best</i> and <i>worst</i> of your day. Give everyone a chance to share.	24 What's the average age of members of your family? (Add up ages, divide by number of family members.)	25 Play a game of charades with your child. Use hand gestures and motions to describe your word.	26 Make a list of all the things that make family members grateful.	27 Put together a puzzle with your child.	28 Clean out closets with your child. Donate extras to charity—or have a family yard sale.
29 Bake bread with your child. Biscuits are the simplest to prepare.	30 It's Mark Twain's birthday. Read one of his short stories with your child.	<h1>November 2009</h1>				