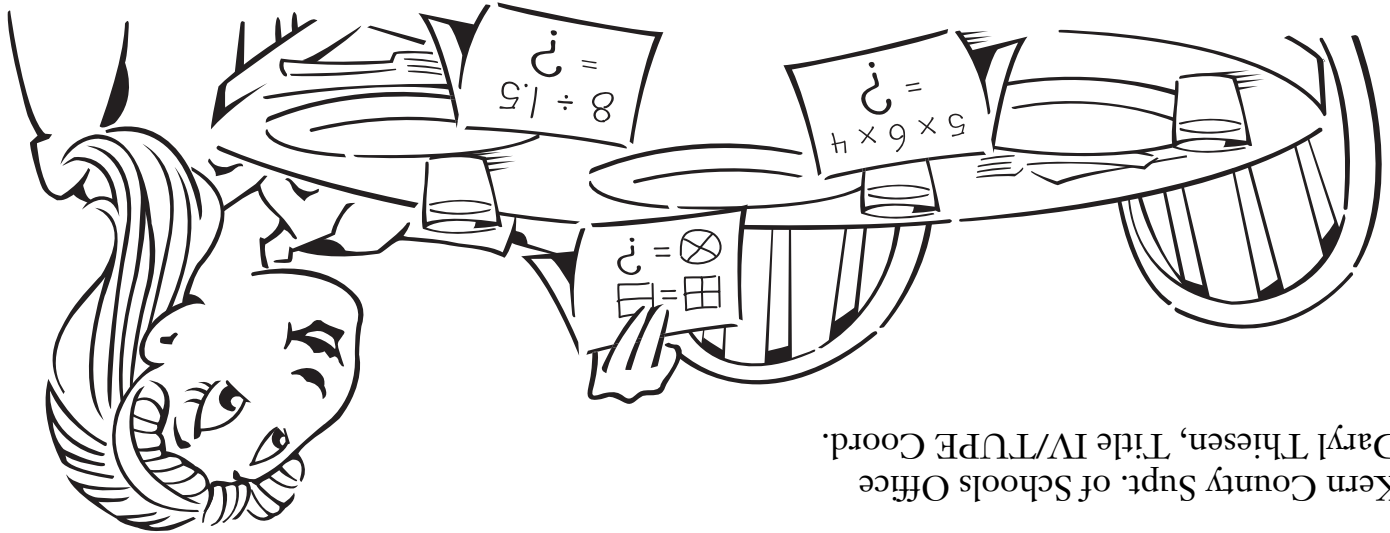


Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Help your child make a weather chart. Keep track of the temperature, wind and rain each day in March.	2 It's the birthday of Dr. Seuss. Read one of his books with your child.	3 Make today Punctuation Day. See how many types of punctuation your child comes across. What does each stand for?	4 Make a bookmark. On a piece of thin cardboard, have your child draw a scene or write a quote from a book.	5 Visit the library. Check out a book about deserts. What kinds of people live near them?	6 Is your child fighting with a friend? Have them switch roles—it helps them see the other person's point of view.	7 Take your child out for breakfast or make his favorite food at home.
8 It's Nutrition Month. Visit the local library with your child and check out a book about nutrition.	9 Today, have your child keep track of everything she eats. What would make her diet more nutritious?	10 Have your child look through the Yellow Pages, choose a business or service, and write a funny ad for it.	11 Make up your own holiday today. Invent a special holiday just for your family.	12 Collect empty boxes and milk cartons. Create a three-dimensional map of your town.	13 On this day in 1781, the planet Uranus was discovered. Take a walk with your child and look for planets and stars.	14 Bake "fortune cookies"—write messages on short pieces of paper and bake them into a favorite cookie.
15 Visit the library. Help your child check out a book about a famous woman.	16 Learn a tongue twister. At dinner, challenge everyone to repeat it three times fast.	17 Does your child have a large assignment? Help him break it down into smaller parts.	18 Check on your child's grades. If necessary, help her raise them before the year ends.	19 Have your child design a new cover for a much-loved book.	20 Clip an interesting news story. Cut the paragraphs apart. Ask your child to read them and put them in order.	21 Find an alcohol or tobacco ad. Help your child redesign it to show what happens when these products are used.
22 Take everyone in the family to a nearby park. Run like the March wind.	23 Water pollution is a growing problem. Discuss with your child what you can do to prevent it.	24 When you read aloud, choose an exciting place to stop. Ask, "What do you think will happen next?"	25 Teach your child how to prepare nutritious after-school snacks.	26 Review spelling or vocabulary words tonight. Try to use them in a sentence this week.	27 Challenge your child to do a secret good deed for a friend or neighbor.	28 Try a foreign dish with your child today. Check out a cookbook, get the ingredients and start cooking!
29 Help your child start a collection. Provide a place to keep it—a box, a shelf, a drawer.	30 Learn where your town gets its water. Is conservation important in your area? How can you help?	31 Look at your weather chart. Did March come in like a lion and go out like a lamb?	<h2>March 2009</h2>			

Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>April 2009</h2>			1 Celebrate April Fool's Day. Do something silly with your child.	2 Challenge everyone on math facts. Who can repeat the multiplication tables fastest?	3 Have your child help you prepare a special meal tonight.	4 Brainstorm how your family could help beautify your neighborhood.
5 Have your child use the telephone dial to make words. For example, 5-6-8-3 = "Love." (Don't actually dial.)	6 Have your child listen to different types of music. Ask him to describe how it makes him feel.	7 Ask your child to give you a "six o'clock report" about what went on today. What's the "lead story"?	8 It's Humor Month. Visit the library and check out a book of jokes.	9 Look through magazines and newspapers for 90-degree angles. Create a collage of these angles.	10 Talk to your child about people she admires. Ask her why she admires them.	11 Enjoy an outdoor activity with your child today.
12 Have everyone bring a joke to the dinner table. Remember—laughter is the best dinner music!	13 Help your child make a fruit salad. Include at least one new or unfamiliar fruit.	14 Does your child know your state flower? If not, help your child find out.	15 Help your child make a journal. Set aside some time every day so he can write in it.	16 Help your child figure the perimeter and area of her bedroom.	17 Plan a late bedtime so everyone can read in bed. Serve a healthful snack if you wish.	18 Make today "Game Day." Everyone pick a favorite game for the family to play together.
19 Take your child out to a park and help him learn to fly a kite.	20 Practice division. Ask your child, "How many of your lifetimes has Grandma lived? Aunt Sue?"	21 Create an art gallery. Frame your child's artwork with yard sale finds. Rotate the artwork frequently.	22 Start a story. Tell it to your child and have her write an ending for it.	23 Today is William Shakespeare's birthday. Challenge everyone to memorize a little Shakespeare.	24 Talk about the "best" and "worst" of your day. Give everyone a chance to share.	25 Help your child create his very own reading corner. Furnish it with books, a chair and a good reading lamp.
26 Have your child use yarn to create two different shapes, each with five sides. Repeat with six or seven sides.	27 It's the birthday of Samuel Morse (b. 1791). Practice sending and receiving messages in Morse Code.	28 Visit the library and check out a book about birds.	29 Write a poem or story from the point of view of a family pet.	30 Challenge your child to draw a picture of an imaginary garden. How many different colors can she use?		



Kern County Supr. of Schools Office
Daryl Thiesen, Title IV/TUPE Coord.

Calendar

Elementary School

Activity

Parent & Child

Parent & Child

Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 2009					1 Take a walk with your child. See how many different birds you can identify. Start a list.	2 Get the schedule for end-of-year tests. Make sure your child eats a good breakfast those days.
3 It's Be Kind to Animals Week. Together, visit the library and check out a book about animals.	4 Teach a card game to your child. Play it with the whole family tonight.	5 It's Cinco de Mayo. With your child, learn about why this holiday is celebrated in Mexico.	6 Open an atlas and point to any page. What might people in that country eat?	7 Look on a label to see where a favorite food comes from. Locate that place on a map.	8 Create a word search by hiding words in a grid and surrounding with random letters. Solve!	9 In the car, make up a silly song or teach your child a song you sang when you were her age.
10 Go on a "people" scavenger hunt. Find people who have skills or talents that interest your child.	11 It's Children's Book Week. Visit the library and check out a classic children's book.	12 Use the letters in your child's name to write a poem about him.	13 Have your child predict the results of flipping a coin 10 times. Try it and see if she's right.	14 Write an encouraging note and tuck it in your child's lunch box or in a school book.	15 Can you and your child communicate without using words? Try it and see.	16 Encourage your child to write a thank-you to a favorite teacher this month.
17 Together, make a list of the jobs that need to be done at home. Make a job chart to share the work.	18 Visit the library with your child. Check out a book about dinosaurs.	19 On a map, help your child trace where your family came from.	20 Have a reading dinner. Encourage everyone to bring an interesting news article to read aloud.	21 Does your child know your state bird? If not, look it up together. What about your state motto?	22 At the grocery store, have your child compare two sizes of the same product. Which is the best buy?	23 Have an eco-healthy day. Walk or ride bikes. Use less electricity. Recycle.
24 Help your child write to a friend today.	25 Talk with your child about all of the things she would like to do this summer.	26 Discuss baseball scores and averages on the sports pages. Who has the highest scores? What are the percentages?	27 With your child, enjoy an imaginary trip to outer space. Write a story about your trip.	28 Challenge your child to make a salad for the family. Include at least one unfamiliar vegetable.	29 Visit the library. Check out a book about a sport your child enjoys.	30 Take a walk in a nearby park. Pay attention to the flowers and birds that you may see.
31 Tell your child, "I love you."						