

Effective Programs/Strategies and Promising Practices for Prevention of Alcohol/Other Drug Use and Violent Behavior

(Source: *Getting Results: Developing Safe and Healthy Kids*, California Department of Education, 1998)

Alcohol and Other Drug Use		Violence	
Exemplary Practices ¹	Promising Practices ²	Exemplary Practices ¹	Promising Practices ²
Comprehensive, integrated programs with a community component	Coordinated school health programs	School structure and management (reduced class size in K-1, pull-out programs, nongrading and ability grouping in elementary school, classroom behavior management, monitoring and reinforcement of behavior, graduated sanctions)	Structured playground activities, after-school recreation
Extensive components in place over time	Comprehensive integrated services (e.g., Healthy Start)	Instructional strategies (continuous progress, tutoring, computer-assisted instruction)	District policies addressing violence, firearm possession, uniforms, closed campuses
Age-appropriate curricula (prosocial bonding in elementary school, social influence approach in middle school with booster session in high school)	District policies addressing use of alcohol and other drugs	Cooperative learning	Special educational placement for disruptive secondary school students
Complete and consistent implementation (Do not pick and choose components.)	Home/family-school partnerships	Parent training	Conflict resolution, gang-prevention and violence-prevention curricula
Interactive teaching, with teacher training, as necessary	Early intervention, including student assistance programs	Family counseling	Mentoring relationships <i>that include behavior management techniques</i>
Approaches built on social influence model	Positive alternative activities (e.g., Friday Night Live)	Youth Employment and vocation training <i>with intensive educational components</i>	Peer mediation
Full-time prevention coordinator with more training for greater stability and more comprehensive programs		Mentoring, <i>if the relationship is sustained and nonprescriptive and adults and youths are carefully matched</i>	School organizational structure
Mentoring, <i>if the relationship is sustained and nonprescriptive and adults and youths are carefully matched</i>			Gang crisis intervention and mediation
			Youth-service programs
			Intensified motorized patrol, field interrogations, community policing, neighborhood block watch
			Metal detectors
			Behavioral analysis consultation

¹ Exemplary practices are rigorously evaluated prevention programs that show strong, positive effects.

² Promising practices are prevention strategies that show promise for reducing alcohol/other drug use or violent behavior, but they require further evaluation before they are definitively termed effective.