

Activity Calendar

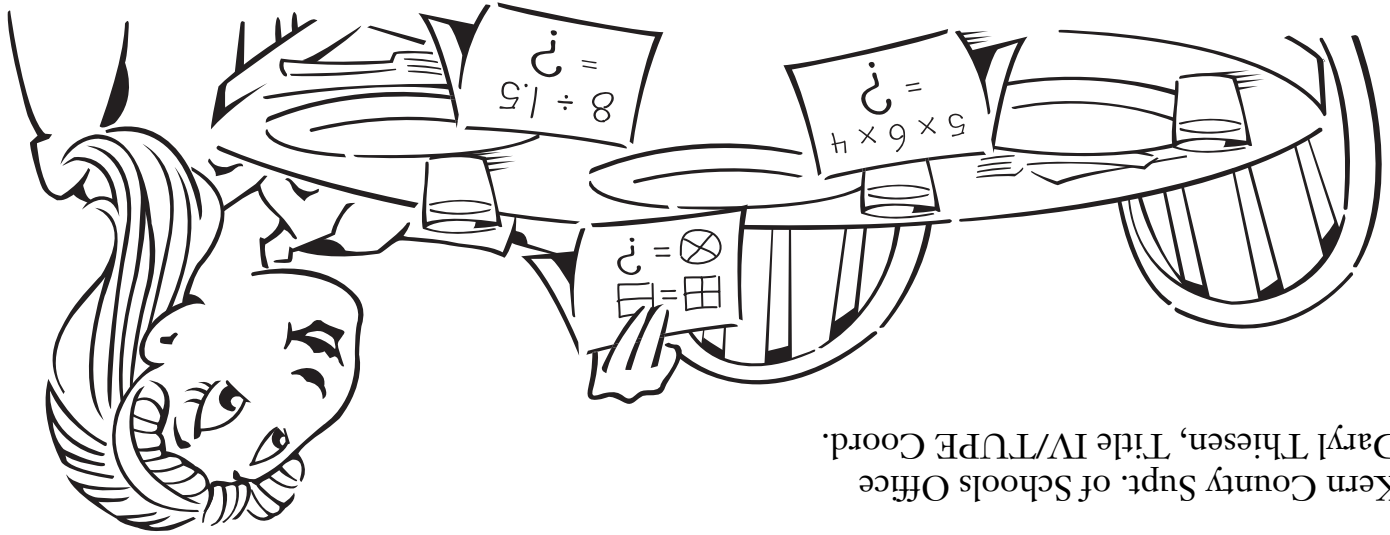
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Set aside some time this month to do something together that you enjoyed as a child.	2 Help your child learn the sign language alphabet. Use it to practice spelling words today.	3 When you watch TV, ask your child questions: Was that a good idea? What would you do?	4 Make and send your own family greeting cards. Check the greeting cards in stores for ideas.	5 As a family, choose an important news event to follow for a day or two. Share what you learn.	6 Visit the library. Check out a book about holiday traditions around the world.
7 At dinner tonight, each of you talk about one gift you'd like to receive that costs no money.	8 Talk about how your family can do something for others this holiday season. Do it as a family.	9 Look in the TV listings for programs about history and historical figures. Watch one with your child.	10 Today is Human Rights Day. Talk with your child about rights and responsibilities.	11 Review spelling or vocabulary words with your child tonight.	12 Make a puzzle with your child. Glue a picture onto cardboard. Cut it into puzzle shapes.	13 In the car, have your child estimate how far it is to your destination. Check with the odometer.
14 Hug your child for no reason other than you love him.	15 With your child, make a paper chain to count down the number of days left until January 1, 2009.	16 Ask your child about the qualities she values most in friendships. Talk about why values are important.	17 Use the weather section of the newspaper to check temperatures around the nation or world. Where is it coldest?	18 Write fractions on index cards. Mix them up. Help your child put them in order from smallest to greatest.	19 Cut apart the segments of a comic strip and ask your child to arrange them in order.	20 Make a meal with your child. Talk about why you do some steps before others.
21 Today is the longest night of the year. Give everyone in the family a flashlight and read in bed tonight.	22 Take the Geography Challenge. Name a state, province or country. Who can call out the capital first?	23 Teach your child how to make paper snowflakes. Use some to decorate your windows.	24 Visit the library with your child. Check out a book about a famous person in history.	25 Plan a read-aloud evening. Everyone share a favorite holiday story or poem.	26 Talk with your child about the very best present he ever received. What made it special?	27 Enjoy an outdoor activity with the whole family today. Then come inside for a cup of hot chocolate.
28 If your child is just learning to read, check out library books with "read-along" audio.	29 Today, have your child teach you something she needs to learn.	30 Keep a "flood book" handy. It's a book to read when you and your child are waiting in line or for the doctor.	31 Take a walk with your child. Which trees are ever-green? Which ones are deciduous?	<h2>December 2008</h2>		

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<h2>January 2009</h2>				1 Make a list of three fun things you'd like to do or try as a family. Save the list and refer to it.	2 Help your child set a goal and write a plan to achieve it this year.	3 Help your child make his own dictionary with spelling or vocabulary words.
4 Together, use the television listings to plan your child's TV viewing this week.	5 Have your child read to you while you prepare dinner. Or you read to her while she cooks!	6 With your child, learn how to count to 10 in at least three different languages.	7 Pretend you are your child's mirror. Do everything he does—in reverse!	8 Make an "I am special" scrapbook with your child. Paste photographs of special events in your child's life.	9 Label four sheets of paper: spring, summer, fall and winter. Write descriptive words for each season.	10 Start a family savings plan for something special that you have already spoken about with your child.
11 Check out a book about simple experiments you and your child can try around the house. Try one today.	12 Visit the library with your child. Check out a book about outer space.	13 Have a big job to finish? Look for five free minutes and get started. Those five minutes add up.	14 With your child, sing songs that you learned as a child. Have your child teach you a song.	15 Encourage your child to write a letter, post card or email message to a friend or relative.	16 Tonight, take a walk with your child. Look at the stars. Can you see any planets?	17 Plan an indoor "camp-out." Make a tent from a blanket. Eat s'mores. Read scary stories.
18 Trace your child's outline on a sheet of paper. Later, have her research and "map" the inside of her body.	19 Explain why Martin Luther King's birthday is a holiday. Look for stories or speeches by and about Dr. King.	20 Decorate a shoebox to make a treasure chest. Fill it with small treats. Hide it and have a treasure hunt.	21 Teach your child about conflict resolution. Explain how people reach compromises. Give an example.	22 Think of several words that start with the same letter. Use them in a sentence that makes sense.	23 Make a decision as a family. This builds cooperation and communication skills.	24 Teach your child a skill he'll need later in life—cooking a meal, washing clothes, etc.
25 Pick a category (animals, sports) and a letter. How many items from that category begin with that letter?	26 Visit the library with your child. Check out a book of poetry.	27 Watch the news with your child. Locate a place mentioned on a map.	28 At dinner tonight, have everyone tell how they used math today.	29 Look through your house. Make a list of everything that comes from plants.	30 On a visit to the library, look up events on the day your child was born.	31 Choose a poem to read aloud to your child. With your feet, stamp syllables as you read.

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Kern County Supr. of Schools Office
Daryl Thiesen, Title IV/TUPE Coord.

Calendar

Elementary School

Activity

Parent & Child

Parent & Child

Activity Calendar

Elementary School
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Make an appointment to spend time with your child this month. Write it on your calendar.	2 Look for events planned for African American History Month. Choose one to attend.	3 Just for fun, serve a "backwards dinner." Eat dessert first!	4 Talk with your child about what she does right. List as many things as you can.	5 Visit the library. Help your child check out a biography of a prominent African American.	6 If you don't have time to read to your kids at night, read in the morning. It's a real "power breakfast."	7 Show your child how to use tools to make a simple household repair.
8 Do a crossword puzzle with your child. Or make up your own to review spelling words.	9 Visit the library with your child. Check out a book about the circus.	10 Have your child write a special Valentine's message to someone who is sick or lonely. Mail it to them.	11 Stuck inside with bad weather? Use empty cans to create a game of indoor golf.	12 Talk with your child about a choice you have made. Then talk about the consequences.	13 After your children go to bed, leave Valentines where they'll see them first thing tomorrow morning.	14 See how many red, pink or heart-shaped foods you can serve for dinner tonight.
15 Help your child draw a picture. Once finished, post it on the refrigerator.	16 Show your child learning is a lifelong activity by learning a new sport or other subject together.	17 Good report card? High grade on a test? Make your achiever "King/Queen for a Day."	18 Don't watch TV tonight. Read, play games or put together a puzzle instead.	19 Review spelling or vocabulary words with your child tonight.	20 Plan a late bedtime so everyone can read in bed. Serve a healthful snack if you wish.	21 Pretend a circus is coming to town. Talk together about what you would see, hear and taste.
22 It's the birthday of George Washington. How many facts can your child list about this famous president?	23 Turn old snapshots or drawings of family members into a family mobile.	24 Visit the library. Together, check out a book about an explorer.	25 At bedtime, allow a few minutes after the light is off for a quiet conversation with your child.	26 Can your child name an animal that starts with every letter of the alphabet? (It's okay to leave out the letter X.)	27 Together, read the newspaper weather page. Make a list of all the weather words you find.	28 Go on a "fraction search" through today's newspaper. Which sections have the most fractions?

February 2009