

Parent & Child Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December						
		1 Look in the newspaper for a listing of free holiday events. Plan to attend one this month.	2 Plan to spend some one-on-one time with each child this month. Write the dates on your calendar.	3 A rebus is a story that replaces some words with pictures. Make a rebus with your child.	4 Choose a number, then have your child list all the things she can think of that come in that number.	5 Do holidays have you stressed? Share the responsibility with your child. When he helps, he appreciates them even more.
6 Make a TV viewing schedule with your child this week. Use it to plan how you'll both limit your viewing.	7 Plan a week of alphabet dinners—serve foods that start with the same letter. Choose a different letter each day.	8 Today, have your child teach you something she needs to learn for homework. It's a great way to reinforce learning.	9 Teach your child how to make paper snowflakes. Fold paper or coffee filters and cut shapes. Decorate your windows with them.	10 Trace your child's body on a big piece of paper. Then have her research and draw the inside!	11 This holiday season, do something nice for others as a family.	12 Take your child out for breakfast, or make it together this morning.
13 Bake cookies with your child. If you're doubling a recipe, have your child do the math.	14 Visit the library. Check out a book about holiday traditions around the world.	15 When you're in the car, have your child estimate how far it is to your destination. Check using the odometer.	16 Keep track of everything you eat for a day. What changes would you like to make?	17 Play a game of "Concentration" with math flash cards. Problems with the same answer (9 x 2, 15 + 3) make a pair.	18 Plan a late bedtime so everyone can read in bed. Everyone tells what they will be reading before they begin.	19 Think of something nice your child can do for a neighbor or older friend.
20 Set aside time today to work on craft projects with your child. Perhaps she can give these as gifts.	21 Today is the Winter Solstice. Check the paper to see how many hours of daylight there will be today.	22 As school vacation approaches, have your child make a list of things to do when there's nothing to do.	23 Watch a TV program with your child. Make a graph of the time spent on commercials vs. the program.	24 Read a favorite holiday story, poem or religious story with your child.	25 Talk with your child about the very best present she ever received. What made it special?	26 Enjoy some outdoor physical activity as a family today.
27 Have a "backwards day." Put on pajamas after you get up. Eat breakfast food for dinner.	28 Visit the library. Check out a biography about someone interesting from another country.	29 Kids bored? Have them take turns as models, holding a pose while the other children draw or paint what they see.	30 Have your child draw a picture of what he thinks describes and defines "December."	31 Help your child create a time line of the last year.	2009	

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January 2010					1 Using an empty coffee can, have your child make a time capsule for the year just past.	2 Make a list of the best times you had during the last year. Schedule time on the calendar to do them in 2010.
3 Encourage your child to start a diary or journal this year.	4 Visit the library. Help your child check out a book about origami, the Japanese art of paper folding.	5 Make a puzzle with your child. Glue a picture from a magazine onto cardboard. Cut it into puzzle shapes.	6 Tonight at dinner, put a "price" on each item you serve. Have your child figure out the "cost" of the meal.	7 On this day in 1782, the first commercial bank was founded. Start a small savings account for your child.	8 When you're in the car, have your child estimate how far it is to your destination. Check using the odometer.	9 Practice origami with your child.
10 Have a family sing-along. Have each family member share a favorite song!	11 It's National Clean Off Your Desk Day. Make it Clean Off Your Homework Place Day, too!	12 Challenge your child to put away 1 + 3 + 2 + 4 + 1 things in his room.	13 The first radio broadcast was on this date in 1910. Instead of watching TV tonight, listen to the radio.	14 Resist the urge to overschedule your kids. They need "down time" to think, imagine and play.	15 It's National Soup Month. Make soup with your child—and enjoy the book <i>Stone Soup</i> together.	16 Take a walk with your child. Note the seasonal changes.
17 Have a contest. Who can name the most parts of the body? (Organs count, too.)	18 Celebrate Martin Luther King's life. Talk with your child about prejudice.	19 Watch the news with your child. Choose one story and compare it with the newspaper story.	20 Help your child make a fruit salad for dinner tonight. Include one unfamiliar fruit.	21 What's the coldest place in the nation today? The warmest? What's the difference between the two?	22 Feed the birds. Use a notebook to record the kinds of birds you see.	23 Check the newspaper to see if there's a place you and your child can go roller skating or ice skating.
24 Help your child check out a book about a career.	25 Do a crossword puzzle with your child. It's a great way to learn new words.	26 When you're in the store, ask your child to figure how much change you should get from your purchase.	27 It's the birthday of W. A. Mozart. Listen to some classical music with your child today.	28 Write your child's name in a vertical column. Have him use each letter in his name to begin a poem.	29 Have a reading dinner. Ask family members to share something from the books they are reading.	30 Have your child help shop, prepare the dinner and clean up!
31 Have your child write and mail a letter to a friend.						

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Kern County Supr. of Schools Office
 Daryl Thiesen, Title IV/TUPE Coord.

Calendar

Elementary School

Activity

Parent & Child

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Parents
make the difference!

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	1 Visit the library. Check out a book about African American history. Talk about your own family history.	2 It's Groundhog Day. How many words can your child make from the letters in GROUNDHOG?	3 It's the birthday of artist Norman Rockwell. Have your child draw a picture of an everyday activity.	4 Have your child write directions for making a sandwich. Then follow them exactly.	5 Together, think of several words that start with the same letter. Try to put them together in a sentence that makes sense.	6 Look in the newspaper for free events your family can attend this month.
7 Help your child choose some flowering bulbs. Learn how to "force" them so they'll bloom indoors.	8 Tuck a Valentine in your child's lunch every day this week. Write a special "I love you" message on each.	9 It's National Cherry Month and Great American Pie Month. Celebrate by baking a cherry pie with your child!	10 Create an art gallery. Frame your child's art work. Rotate the work on display frequently!	11 It's Inventor's Day. Have your child draw a picture of something she'd like to invent.	12 Can you name an animal that starts with each letter of the alphabet? (It's okay to leave out X.)	13 Take your child out to breakfast, or make it together this morning.
14 Tell your child five things you love best about him.	15 Visit the library. Help your child check out a book about a hobby.	16 Look at car ads in the newspaper. Encourage your child to design and name a new car.	17 Do "body arithmetic." Ask your child, "How many do your fingers, knees, toes and nose add up to?"	18 Go "ice skating" in the kitchen together. Wearing only socks, pretend you're on the ice. Be careful!	19 In 1473, Polish astronomer Nicolaus Copernicus was born. Have your child draw a picture of the solar system.	20 Set aside time today to work on a hobby with your child.
21 Go on a "fraction search" through today's newspaper. Which sections have the most fractions?	22 It's the birthday of George Washington. How many facts can your child list about this famous president?	23 Have your child draw a window picture. He can look out the window and draw what he sees!	24 Start a family savings plan for a special goal. Plan the goal together and talk about how all will contribute.	25 Play a family rhyming game. Take turns making up a short sentence. Answer with a sentence that rhymes.	26 Ask family members, "If you were an animal, which animal would you be and why?"	27 Make play clay. Mix 1 c. flour, 1/3 c. salt, a few drops of oil, and water to make it easy to handle.
28 Visit an interesting museum with your child today.	<h1>February 2010</h1>					