

**Reflection Activities**  
**(appropriate for all S-L projects)**

- Journal Writing
  - What did they experience?
  - What is one thing you are going to do that is different as a result of this experience?
  
- Graffiti Wall
  - Use one word to describe your experience today
  - What are some of the skills, talents, or abilities you can contribute to help your project succeed?
  
- Bumper Sticker
  - Create a bumper sticker that describes your experience
  
- Time Capsule
  - Have participants put memorabilia related to process together in a form of a time capsule
    - Training agenda
    - Dirt from a garden project
    - Before and after pictures
  
- Discussion Groups
  - What difference have we made in our community?
  - What have you learned about yourself?
  
- Commercial
  - Create a commercial to act out your experience