



Office of Christine Lizardi Frazier
Kern County Superintendent of Schools
Advocates for Children



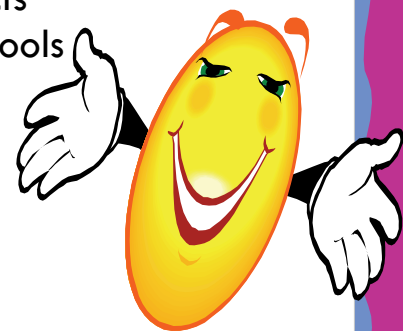
FAMILY NIGHT OUT

A Tool Kit for Parents

Standard and Beardsley School Districts
CLC 34th Street & Sillect Community Schools

Do you want to:

- ◆ Learn new ways to help your family?
- ◆ Talk with other parents on what works with your kids?
- ◆ Have some fun?



Learn how to:

- Manage Stress
- Solve Problems
- Set Goals and Limits
- Talk with your kids



- **FREE DINNER**
- **FREE CHILDCARE**
- **TRANSPORTATION PROVIDED**

DATE:

Thursdays
Starting January 14th
14 weeks long

TIME:

5:00pm-8:00pm

LOCATION:

St. Mark's Methodist Church
1510 McCray Street
Bakersfield, Ca 93308

Corner of Norris Rd & McCray
by Sears Park

**Raffle Prizes
every Session**

Glynda Martin at Standard School District at (661) 392-2110
or John Money at Beardsley School District (661) 717-4966
or Amy Urena for CLC 34th or Sillect Community School (661) 327-8600