

# MOVE Product Descriptions

## **MOVE (MOBILITY OPPORTUNITIES VIA EDUCATION)<sup>®</sup> CURRICULUM for children**

The MOVE Curriculum is designed to help children with severe disabilities learn the skills needed to sit, stand and walk. By combining natural body mechanics with instruction, learning occurs while people are engaged in real life activities. Included in the curriculum is a Top-Down Motor Milestone Test<sup>®</sup>, and explanation of physical prompts and how to systematically decrease them for more independent movement. Student goals can easily be incorporated into an IEP (Individualized Education Program) or other plan. The curriculum is spiral bound and includes section tabs to quickly locate information.



## **MOVE ASSESSMENT PROFILE for children**

The MOVE Assessment Profile is a workbook used in conjunction with the MOVE Curriculum. Decisions regarding each step of the MOVE Program are recorded in the individual's profile, making record keeping permanent and easy. The profile includes the Top-Down Motor Milestone Test<sup>®</sup> and the Summary of Test Results, along with instructions and activity sheets. Upon completion, there is a detailed action plan for teaching critical skills.



## **MOVE FOR ADULTS PROGRAM Manual**

The MOVE for Adults Program Manual is a six step process designed to help adults with severe disabilities learn the skills needed to sit, stand, transition and walk. By combining natural body mechanics with instruction, learning occurs while adults are engaged in real life activities of daily living. Included in the manual is a Top-Down Motor Milestone Test<sup>®</sup> with guidance on how to conduct an assessment of sitting, standing, transitions and walking skills. There is also a Summary of Test Results which is a summary overview of an adult learner's current use of functional mobility skills. In addition, there is instruction on physical prompts and how to systematically decrease prompts for more independent movement.



## **MOVE ASSESSMENT & PROGRAM PROFILE FOR ADULTS (MAPP)**

The MOVE Assessment and Program Profile for Adults (MAPP) is a workbook used in conjunction with the MOVE for Adults Program Manual. A MAPP is completed for each adult learner. Decisions by the "MOVE team" regarding each of the six steps of the MOVE for Adults Program are recorded in the learner's profile making record keeping permanent and easy. The MAPP includes the Top-Down Motor Milestone Test<sup>®</sup> and Summary of Test Results along with instructions and forms to guide "MOVE teams" through the six step process of the MOVE for Adults Program. Upon completion of this profile, there is a detailed plan for teaching critical skills.



## **MOVE HYGIENE & TOILETING PROGRAM GUIDEBOOK for children & adults**

The MOVE Hygiene & Toileting Program Guidebook focuses on "continence opportunities" rather than toilet training, with a systematic step-by-step process. (Most of the population addressed with this program will not become totally independent in toileting themselves.) The guidebook also describes a method for transitions/transfers of larger children and adults that significantly reduces and/or eliminates lifting. Wall posters are included with the guidebook to provide visual displays of how the toileting program works with individuals. An instructional DVD is also included to visually illustrate what the guidebook describes.



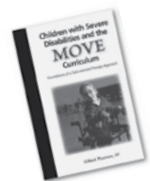
## **MOVE HYGIENE & TOILETING PROFILE for children & adults**

The MOVE Hygiene & Toileting Profile is a workbook used in conjunction with the MOVE Hygiene & Toileting Program Guidebook. Decisions regarding each level of the MOVE Hygiene & Toileting Program are recorded in the individual's profile, making record-keeping permanent and easy. The profile gives clear instructions and includes a number of easy-to-use forms for use with the individual.



## **CHILDREN WITH SEVERE DISABILITIES AND THE MOVE CURRICULUM**

This is a professional reference book for physical and occupational therapists (special education teachers will also benefit). A major premise of the book is that the MOVE Curriculum provides a practical framework to implement many concepts from the motor control/motor learning literature for children with severe disabilities.



# MOVE Training Opportunities

## **MOVE® FOR CHILDREN BASIC PROVIDER TRAINING**

Cost: \$2,900 plus trainer's expenses for the first 25 people in attendance.  
\$75 for each additional attendee.

Basic Provider training is an introductory course on how to use the MOVE Program and Curriculum.

## **MOVE® FOR ADULTS PROVIDER TRAINING**

Cost: \$3,900 plus trainer's expenses for the first 50 people in attendance, \$50 for each additional attendee. An additional one-day follow-up training is also conducted at a later time following the initial two-day training.

MOVE for Adults Provider training is an introductory course on how to use the MOVE for Adults Program and MOVE Assessment and Program Profile for Adults.

**Contact the MOVE office for information on scheduling a training — (800) 397-MOVE (6683)**

## MOVE DVD Descriptions



### **FREEDOM TO MOVE**

An introduction to the MOVE Program. (17 min.)

### **HOLM ELEMENTARY**

Case studies of students in the MOVE Program at Holm Elementary School in Pensacola, FL (22 min.)

### **INFUSING MOVE INTO IEP GOALS**

Examples of students using the MOVE Program in everyday classroom activities at the Sven Lokrantz School in Reseda, CA. (Highlights of the Lokrantz School MOVE Model Site dedication ceremony are included at the end of the dvd.) (30 min.)

### **ENABLING CHILDREN UNDER 3 TO MOVE**

Case studies of infants to age 3 using the MOVE program. (19 min.)

### **WAYS TO TELL**

Discusses ways children communicate and gives suggestions for including and improving communication in a child's life. TELL (The Elements of Learning Language) (14 min.)

### **WHAT THE PROS NEED TO HEAR FROM THE PARENTS -**

Kim Carter Leonetti tells about her experiences and feelings of being a parent of Nicholas. She tells how the MOVE Program impacted the life of Nicholas and the lives of his family. Her anecdotal stories are powerful and representative of other parents of children with disabilities. Despite the many challenges faced, Leonetti gives a powerful message of hope. (29 min.)

### **HOW MOVE WORKS - A DUCK STORY**

In a humorous, but insightful way, the philosophy and principles of the MOVE Program are told through the story of a duck. This is an excellent dvd to show how MOVE works to those not acquainted with the MOVE Program, as well as those very familiar with the MOVE Program. (10 min.)

### **STAGES OF LEARNING AND THE MOVE PROGRAM**

There are four commonly accepted stages of learning: 1) Acquisition - learning the skill, 2) Fluency - practicing the skill, 3) Maintenance - using the skill, and 4) Generalization - expanding the skill to other areas. This dvd discusses how the stages of learning apply to the MOVE Program. (11 min.)

### **CAMERON'S STORY**

John Wooden, UCLA Emeritus Basketball Coach talks about the impact of the MOVE Program for his great-grandson, Cameron. Beyond his very articulate words, the unspoken communication and interaction between grandfather and great-grandson is inspiring and powerful to see. Lori Adams and Cameron's mother, Kathleen, also talk about Cameron's progress using the MOVE Program. (4 min.)

### **BIG STRIDES THROUGH SMALL STEPS**

Individual examples of adults using the MOVE for Adults Program in a day program at the Bakersfield (California) Association for Retarded Citizens (BARC) are provided. Also, overall impact and dramatic changes for the adult day program at BARC due to implementation of the MOVE for Adults Program are explained. (8 min.)

### **PARENT INTERVIEW**

Demonstrating Steps 1 & 2 in the MOVE Program - An example of an actual interview conducted with parents in determining the skills of their child in sitting, standing, walking and transitions (Step 1) and then setting goals for their child (Step 2).

# MOVE Program Product Order Form

**1. MOVE Curriculum - Children** (\$169.95 ea)  
(also available in Spanish)

\_\_\_\_ (Quantity) x \$169.95 = Subtotal **(1)** \$ \_\_\_\_\_

**2. MOVE Assessment Profile - Children** (\$12.00 ea.)  
(also available in Spanish)

\_\_\_\_ (Quantity) x \$12.00 = Subtotal **(2)** \$ \_\_\_\_\_

**3. MOVE for Adults Program Manual** (\$199.95 ea)

\_\_\_\_ (Quantity) x \$199.95 = Subtotal **(3)** \$ \_\_\_\_\_

**4. MOVE Assessment Program Profile for Adults (MAPP)** (\$15.00)

\_\_\_\_ (Quantity) x \$15.00 = Subtotal **(4)** \$ \_\_\_\_\_

**5. MOVE Hygiene & Toileting Program Guidebook/Wall Posters/DVD - Children & Adults** (\$279.95 ea.)

\_\_\_\_ (Quantity) x \$279.95 = Subtotal **(5)** \$ \_\_\_\_\_

**6. MOVE Hygiene & Toileting Profile - Children & Adults** (\$12.00 ea.)

\_\_\_\_ (Quantity) x \$12.00 = Subtotal **(6)** \$ \_\_\_\_\_

**7. Children with Severe Disabilities & the MOVE Curriculum** (\$39.95 ea.)

\_\_\_\_ (Quantity) x \$39.95 = Subtotal **(7)** \$ \_\_\_\_\_

**8. Promotional Items:** For prices of MOVE promotional items (MOVE calendar, shirts, coffee mugs, etc.) see the MOVE Web site.

\_\_\_\_ (Quantity) \_\_\_\_\_ \$ \_\_\_\_\_

\_\_\_\_ (Quantity) \_\_\_\_\_ \$ \_\_\_\_\_

Subtotal **(8)** \$ \_\_\_\_\_

**9. MOVE DVDs (Suggested donation of \$15 each)**

\_\_\_\_ (Quantity) \_\_\_\_\_ (TITLE)

\_\_\_\_ (Quantity) \_\_\_\_\_ (TITLE)

\_\_\_\_ (Quantity) \_\_\_\_\_ (TITLE)

\_\_\_\_ (Total DVDs) x \$15.00 = Subtotal **(9)** \$ \_\_\_\_\_

## ORDER SUMMARY

\$ \_\_\_\_\_ TOTAL **(1+2+3+4+5+6+7+8)**

\$ \_\_\_\_\_ 10% shipping/handling

\$ \_\_\_\_\_ DVD SUBTOTAL **(9)**

\$ \_\_\_\_\_ **TOTAL ENCLOSED**

(All prices include sales tax)

Please forward order form to the address below, enclosing a check made payable to **MOVE International** or provide a credit card or purchase order number.

## Billing/Shipping Information

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

FAX: \_\_\_\_\_

E-mail: \_\_\_\_\_

Check Included

Check # \_\_\_\_\_

P.O. Attached

P.O. # \_\_\_\_\_

Visa

MasterCard

Acct. No.: \_\_\_\_\_

Exp. Date: \_\_\_\_\_

**MOVE International**  
1300 17th Street - CITY CENTRE  
Bakersfield, CA 93301-4533 USA  
1-800-397-MOVE (6683) ■ 661-636-4561 FAX: 661-636-4045  
Web site: <http://www.move-international.org>  
E-mail: [move-international@kern.org](mailto:move-international@kern.org)



This order form can also be found on the MOVE Web site.

