

National Health Services, Inc.
“Health for All”
www.nhsinc.org

National Health Services, Inc. has family-oriented health centers, committed to providing the highest quality primary and preventive health care to you and your family. You will find professionals with a sincere interest in their patients and the communities they serve. Our attractive facilities offer the most modern, advanced medical/dental equipment available for outpatient care. With our wide range of health care services, the comfort and convenience of our facilities, and our bilingual, multi-cultural staff’s professionalism, we at National Health Services are proud of our demonstrated concern for you, the patient.

Services offered:

Telemedicine	Dental	Urgent Care
General Medicine	Obstetrics and Gynecology	Teen Health Care Plans,
Pediatrics– Immunizations	Podiatry	Chiropractic Care
Internal Medicine	Behavioral Health	DMV
School & Sports Physicals	Diabetes Classes	Alcohol Testing
Domestic Violence Screening	Car Seat Program	Drug Screening
Diagnostic Testing	Optometry	Nutrition Counseling
Acupuncture		

Special Assistance Programs:

The center provides special financial programs to assist individuals and families in meeting their health care cost and obligations. For further information regarding these programs (such as healthy family appointments, assistance with Medi-Cal eligibility, etc.) inquire at the front desk or call the center.

Medical Services:

As a family-oriented health center, our medical services begin with the family practice physician. You are urged to choose a member of our medical staff as your family doctor. Your physician will help you decide on the care you may need from other specialists at the center or in the community. National Health Services, Inc. has physicians offering their expertise in a full range of medical services for all ages. Our centers are particularly well suited to assist with family planning, obstetrical, and gynecological services, care for infants and children, as well as a host of programs and services for the adolescent, young adult and senior citizen. In addition, we have a variety of medical specialists. National Health Services, Inc. also has on staff Nurse Practitioners and Physician Assistants.

Urgent Care and Walk-Ins:

If you come to the center without an appointment, a staff member will talk with you to determine when you need to be seen. If deemed necessary, you will be seen that day, although there may be a wait.

Dental Services:

The Buttonwillow, Lost Hills, Delano, Taft, Shafter, Oildale and Wasco Dental Centers offer a full range of general dental services in an attractive and convenient setting. We are proud of our beautiful, modern facilities that have been designed with patient comfort in mind. Our exam rooms offer the latest in dental care equipment and are staffed by experienced, highly-skilled professional dentists and dental assistants. After your first dental examination, the dentist will develop a treatment plan and discuss it fully with you.

At the centers, you can have your teeth cleaned, cavities filed, crowns and bridges made, root canal work performed, dentures made and limited oral surgery.

If you require extensive dental work, you will be given a written estimate of the cost before the treatment begins. To help you maintain your good dental health, the Center will send a reminder card when you are due to return. For an appointment call the dental center nearest you.

Our dental practice follows the latest infection control guidelines as set forth by the Centers for Disease Control and recommended by the American Dental Association. To protect your health and to maintain the highest possible standards, our employees have completed a comprehensive infection control training program. By following these recommendations and periodically reviewing them, we are making every effort to prevent the spread of contagious diseases and infections.

X-Ray and Laboratory:

Some facilities are equipped to provide diagnostic x-ray and laboratory services.

Pharmacy:

The Shafter, Oildale and Wasco Health Centers have a fully licensed pharmacy with a pharmacist on duty for all your prescription needs.

Hours vary Monday- Friday:

Wasco (661) 758-2263

Shafter (661) 746-9194

Oildale (661) 392-7850

ALL OTHER HEALTH CENTERS

Providers at these Health Centers can dispense medications for their patients only.

Educational Programs:

National Health Services, Inc. offers the following programs:

- Family Planning – counseling, examinations, and contraception for men and women.
- Prenatal Education – counseling for early pregnancy, child birth preparation, post partum and infant care.
- HIV (Human Immunodeficiency Virus) /AIDS – confidential education and testing.
- Health Education – literature and information on health concerns.
- WIC (Women, Infants and Children) Referrals – including physical exams and immunizations that are required by the WIC program.
- Nutritional Counseling – for hypertension, diabetes and weight reduction through individual or group counseling.

- Tobacco Control – counseling, education services, literature and information.
- Diabetes – improve quality of care and clinical outcomes through education and a team approach.
- Family Life and Education – reproductive health, life skills, goal setting, and personal development.
- Nutrition Education – healthy food choices, alternative cooking, meal planning, and understanding food labels.

Locations:

Buttonwillow Health Center

277 E. Front Street

Buttonwillow, CA 93206

Medical (661) 764-5211 Dental (661) 764-5257

Wasco Medical Center

2101 7th Street

Wasco, CA 93280

Medical (661) 758-2263 Dental (661) 758-5903

Shafter Community Medical & Dental Center

655 S. Central Valley Highway

Shafter, CA 93263

(661) 746- 9194

Taft Community Medical & Dental Center

1100 Fourth Street

Taft, CA 93268

(661) 765-5044

Delano Family Dental and Women's Health Center

1215 Jefferson Street

Delano, CA 93215

(661) 454-1700

Lost Hills Community Health Center

21138 Paso Robles Highway, (Hwy 46)

Lost Hills, CA 93249

Medical (661) 797-2667 Dental (661) 797-2677

Rosedale Community Health Center (opens October 7, 2007)

3401 Calloway Drive Suite 300

Bakersfield, CA 93312

(661) 387-6930

Joy Cariño Kimpo Women's Health Center
320 James Street
Shafter, CA 93263
(661) 459-1800

Joy Cariño Kimpo Family Medical Center
1001 Main Street
Delano, CA 93215
(661) 721-7080

Tehachapi Community Health Center
161 North Mill Street
Tehachapi, CA 93561
(661) 822- 9054

Oildale Community Health Center
525 Roberts Lane
Bakersfield, CA 93308
Medical (661) 392-7850 Dental (661) 215-2342

Ridgecrest Community Health Center
900 Heritage Dr. Suite E,
Ridgecrest, 93555
(760) 446-7978