



I CELEBRATE ME

I am worth celebrating. I am worth everything. I am unique. In the whole world there is only one me. There is only one person with my talents, experience, and gifts.

No one may take my place.

I have immense potential to love, care, create, grow, sacrifice-if I believe in myself.

It doesn't matter my age, or color, or whether my parents loved me. (Maybe they wanted to but were unable.)

I am accepted, I am okay. I am loved in spite of everything. I love myself and nourish the seed within me.

I celebrate me. I begin now. I start anew. I give myself a new birth today. I am me, and that's all I need to be.

This is a new beginning. A new life given freely. I celebrate the miracles. I CELEBRATE ME.