

Stop the Violence -- Family Violence Hurts All of Us

# The Community Coalition on Family Violence

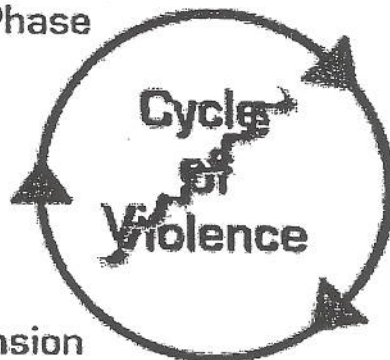
www.ccfv.org -- Knoxville, Tennessee

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- HOMEPAGE
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- TYPES OF VIOLENCE
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## Break the Cycle of Violence

Serious Battering Phase



Honey-moon Phase

Tension Building Phase

### Honeymoon Phase

**Abuser:**

- Loving behavior, such as gifts, flowers, and doing special things for the victim
- Contrite, sorry, makes promise to change

**Victim:**

- Trusting, hoping for change, wants to believe partner's promises

### Tension Building Phase

**Abuser:**

- Edgy, has minor explosions
- May become verbally abusive, minor hitting slapping, other incidents begin

**Victim:**

- Feels tense and afraid like "walking on eggs"
- Feels helpless, becomes compliant, accepts blame

### Serious Battering Phase

**Abuser:**