



# Recipes for Fun



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|--------------------|--|---|
| Cooked Play Dough  | 2 cups flour<br>1 cup salt<br>2 tablespoons cream of tartar<br>1 cup water<br>1/3 cup vegetable oil<br>food coloring | <ul style="list-style-type: none"><li>• Fill a glass with the water, oil and food coloring. Heat in microwave for two minutes (or heat in a pot over the stove). Mixture will be hot, but not boiling.</li><li>• Place flour, salt and cream of tartar in a gallon plastic bag. Seal and shake bag.</li><li>• Add the liquids and close the bag. Try to get most of the air out. Knead.</li><li>• This dough is especially long lasting and can be kept in the bag.</li></ul> |
| Goop               | Cornstarch<br>Water<br>Trays, bowls, and spoons<br>Food coloring or tempera (optional)<br>Measuring cups             | <ul style="list-style-type: none"><li>• Mix ½ cup cornstarch with ¼ cup water plus color.</li><li>• Pour this mixture onto trays for the child. See what happens.</li><li>• This is a totally tactile activity. Children find it soothing and fun.</li><li>• Keep reusing the mixture.</li></ul>  |
| Best Bubble Recipe | 1 Quart of water<br>8 tablespoons dishwashing liquid<br>8 tablespoons glycerin (found in a drug store)               | <ul style="list-style-type: none"><li>• Shake mixture together</li></ul>  |
| Salt crystal paint | Flour<br>Water<br>Salt<br>Food coloring  | <ul style="list-style-type: none"><li>• Mix equal parts flour, water, and salt.</li><li>• Add food coloring and mix thoroughly.</li></ul>   |
| Flour Paint        | Flour<br>Water<br>Food coloring  | <ul style="list-style-type: none"><li>• Mix flour, water, and food coloring until desired consistency is reached.</li></ul>   |