



# Recipes for Fun



Cooked Play Dough	2 cups flour 1 cup salt 2 tablespoons cream of tartar 1 cup water 1/3 cup vegetable oil food coloring	<ul style="list-style-type: none"><li>• Fill a glass with the water, oil and food coloring. Heat in microwave for two minutes (or heat in a pot over the stove). Mixture will be hot, but not boiling.</li><li>• Place flour, salt and cream of tartar in a gallon plastic bag. Seal and shake bag.</li><li>• Add the liquids and close the bag. Try to get most of the air out. Knead.</li><li>• This dough is especially long lasting and can be kept in the bag.</li></ul>
Goop	Cornstarch Water Trays, bowls, and spoons Food coloring or tempera (optional) Measuring cups	<ul style="list-style-type: none"><li>• Mix ½ cup cornstarch with ¼ cup water plus color.</li><li>• Pour this mixture onto trays for the child. See what happens.</li><li>• This is a totally tactile activity. Children find it soothing and fun.</li><li>• Keep reusing the mixture.</li></ul>
Best Bubble Recipe	1 Quart of water 8 tablespoons dishwashing liquid 8 tablespoons glycerin (found in a drug store)	<ul style="list-style-type: none"><li>• Shake mixture together</li></ul>
Salt crystal paint	Flour Water Salt Food coloring	<ul style="list-style-type: none"><li>• Mix equal parts flour, water, and salt.</li><li>• Add food coloring and mix thoroughly.</li></ul>
Flour Paint	Flour Water Food coloring	<ul style="list-style-type: none"><li>• Mix flour, water, and food coloring until desired consistency is reached.</li></ul>