

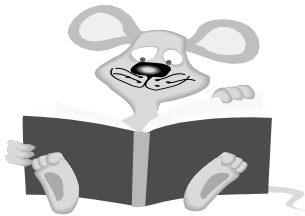
# Talk, Read and Sing to Your Child.



Have you ever....

- ♥Told a child a story about when you were growing up?
- ♥Looked through family pictures with a child?
- ♥Sung songs to a child?
- ♥Played Itsy, Bitsy, Spider?
- ♥Hummed or sung quietly to calm an upset baby?
- ♥Read a book to a baby?

All of these normal, every day things you do are helping your infant learn to talk. When babies hear you say words over and over, the parts of their brain that handle speech and language develop. The more language they hear, the more those parts of the brain will grow and develop. So keep on talking!



Good books for babies and toddlers have sturdy covers, few words, bright colors or photographs of people.

Have You Seen My Cat? By Eric Carle  
The Very Hungry Caterpillar. By Eric Carle  
I'm Quick as a Cricket! By Don and Audrey Wood  
No, David! By David Shannon  
Piggies! By Don and Audrey Wood

For preschoolers...

The Napping House. By Don and Audrey Wood  
Where the Wild Things Are. By Maurice Sendak  
Froggy Gets Dressed. By Jonathan London

**You can check out these and other great books out at the Kern County Library for free. While you're there take advantage of the children's story time.**

Things a baby may like to hear

At changing time...

"Let's get you out of that wet diaper. First we will..."

At nap time...

"Yes, I know you are getting sleepy. Would you like to rock with me for awhile?"

When it is time to change activity...

"Are you tired of sitting in your swing? Let's move you down on the blanket for awhile."



- ♪ Sing to the child about the day, make up your own tune.
- ♪ Sing songs to the children that you learned when you were a child.
- ♪ Play different types of music, while the child is playing.
- \*\*Don't worry about your voice, children respond to rhythm.