

# June 2006

## Home Safety Month

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June is Home Safety Month. Falls, poisonings and fires and burns are the leading causes of home injuries and deaths. Take a hands-on approach to prevent injuries in your home and family childcare program. Use this calendar to consider your home's danger areas and take some simple steps to minimize their risk from potential injuries.



1

Make sure all smoke detectors are in working order & check them monthly

2

Install foam padding on fireplace hearths, sharp corners in the home or on furniture

3

Don't allow children to throw toys at window glass

4

Make sure window & blind strings are out of reach of children

5

Make sure all exits are clear at all times & never block doors, hallways or stairs

6

Always supervise children particularly under six around any water to avoid drowning

7

Put poison control center phone number near every phone 1.800.222.1222

8

Use outlet plug covers to prevent children from inserting objects into outlets

9

Check fire extinguishers regularly to be sure they are properly charged

10

Put toilet lid locks on all toilets if you have children under 3 years old

11

Store plastic bags & plastic wrap out of children's reach to avoid suffocation

12

Don't overload electrical outlets with too many appliances

13

Turn pot handles away from front of stove so children cannot pull pots down on themselves

14

Secure unstable cabinets or shelves by bolting them to walls or floors

15

Don't heat baby bottles or formula in the microwave – the center can be scalding

16

Keep windows secured so they cannot be opened more than six inches

17

Set hot water heater below 120 degrees Fahrenheit to help prevent scalding

18

Keep electrical equipment, hair dryers, curling irons, etc away from water & out of reach of children

19

Move all medications & cleaning products to high shelves

20

Move furniture away from windows to prevent children from access to a dangerous open window

21

Practice "stop, drop & roll" drills with children to extinguish flames on clothing

22

Install window guards to prevent children from falling out of windows

23

Check all electrical appliances for loose plugs, fraying cords or bare wires

24

Plan a home fire drill & practice it at least twice a year

25

Cook on back burners whenever possible to reduce risk of small children burning a curious hand

26

Use a non-slip mat or decals in bathtubs & showers

27

Cover all trash cans securely so young children cannot rummage & come upon dangerous items

28

Keep all houseplants out of children's reach

29

Do not use walkers – children can fall down stairs or run into furniture

30

Never carry or hold hot liquids/foods near children or while you are carrying a child

For more safety tips, visit:  
<http://www.nsc.org>