

## HEALTH TRAINING RESOURCES

These are referrals not recommendations. It is your responsibility to call and find the program that will best meet your needs.

PLEASE ASK TO SEE YOUR TRAINER'S EMSA CERTIFICATION AND BE SURE IT IS CURRENT.

### CPR/FIRST AID AND PREVENTATIVE HEALTH AND SAFETY

**Life Track & Associates**, (CPR/First Aid) Dorothy Martinez 833-0033  
Offers all components of Health & Safety mandate - English and Spanish

**Westec (Taft College)** (EMP America)  
Offers all components of Health & Safety mandate. All components offered in English & Spanish 387-1055 (Hwy. 99 & Lerdo Hwy.)

**American Red Cross** 324-6427, Offers all components of Health & Safety mandate – English and Spanish Note: American Red Cross does not require EMSA Certification

**Delano Regional Hospital**- 721-5683 - Delia Godinez  
Offers all components of Health & Safety mandate - English and Spanish; EMS Exempt (American Heart Association)

### CPR & FIRST AID CLASSES ONLY

**Lifeline CPR**, (CPR/First Aid) Jenise Paine 331-3868  
Lifeline offers CPR/First Aid Training - English

**Star CPR & Advanced Life Support** (CPR/First Aid) Cindy Smith-Berman 822-8600, Star offers CPR/First Aid Training – English located in Tehachapi  
Note: Star is certified by American Heart Association and does not require EMSA certification

If you are unhappy with the training program you choose, call that program directly. We do not handle complaints. All training programs on this list had certified instructors, that met health and safety requirements mandated by the State of California, at the time this list was created.

Revised 9-2011

