



# Televised Training List (English)

The following trainings have been broadcast and are available for checkout from the Child Care Productions program. Please contact the Child Care Productions program at (661) 861-5254 to register or check out any of the training programs listed below

Training Title	Video #	Description
Teaching Limits with Love & Ready to Learn (1-hour training) English and Spanish	1-1	This training emphasizes the importance in providing children with choices, predictable routines, and comfortable learning environments. This training also explores the 10 important guidelines to help parents and caregivers promote literacy in young children.
The First Years Last Forever and Safe From the Start (1-hour training) English and Spanish	1-2	This training discusses 10 key guidelines for promoting children's healthy development and school readiness. This training also discusses important aspects of safety that are required for healthy development.
The Whole Child (18-hour training series) English and Spanish	1-3	Nurturing the growth and well-being of a child is an important goal that many people share. This video series provides essential information about children's physical, emotional, and cognitive development; offers techniques to use in difficult situations; and shows how to help children develop to their fullest potential. Beneficial for parents, professional child care providers, and students, The Whole Child helps both caregiver and child get the most out of time spent together.
Getting a Head Start with 5 A Day (1-hour training series) English	1-4	This 1-hour video can help you introduce the 5 A Day concept to the children in your care. This video is jam packed with activities, materials, and resource ideas designed to encourage children and their families to eat more fruits and vegetables. With this program you can start the 5 A Day promotion in your home or program.
Art Side By Side (1-hour training series) English	2-3	Tune in to this 1-hour training and learn how to use art as a means of enhancing language development, introduce colors, textures and develop math and science skills. This training will give you ideas for fun and creative activities that you can do in your home or center.
How to Make and Use Puppets (1.5-hour training) English	2-4	Tune in to this training and learn imaginative and cot-effective ways to make your own puppets. This training will also provide creative storytelling techniques and highlight ways we can use puppets to model positive problem solving behavior, address children's fears, stresses and emotions and help children transition into the care environment.
Food, It's More Than Just Eating (1-hour training) English	2-5	Tune in to this 1-hour training to learn more about children's eating behaviors and how to enhance children's attitudes towards food! This training highlights the importance that food plays in a child's growth and development by looking at the eating/feeding behaviors of INFANTS, TODDLERS and PRESCHOOLERS.
Emergency Preparedness (1-hour training) English and Spanish	3-1	Tune in to this training and learn the importance of developing and emergency plan, safety precautions to take in your home or center, as well as creative ways to talk with children about emergencies.

Training Title	Video #	Description
<p>Let's Talk Discipline (1-hour training) English</p>	<p><b>3-2</b></p>	<p>This training provides creative and age-appropriate ways to help 2's, 3's, 4's and 5's problem solve. This training also provides ideas for ways that we can help prevent discipline problems and use of re-direction with children.</p>
<p>"What Children Need to Know to Start School" (1-hour training) English</p>	<p><b>3-3</b></p>	<p>Tune in to this 1-hour training to hear helpful tips from caregivers and kindergarten teachers on creative ways you can help prepare children for school. This training discusses the age-appropriate expectations teachers have for children, as well as ways you can help children learn social skills, self control, self-help skills, reading and writing skills, language, math concepts and fine motor skills.</p>
<p>Kids in the Kitchen Video series (English) "A Snacking Good Time" "A Meal With My Friends" (1-hour training series)</p>	<p><b>3-4</b></p>	<p>This training shares a philosophy of healthy eating and child involvement. These videos also discuss the importance and developmental appropriateness of involving children in this process, as it provides times to focus on language, math and science concepts, and for children to use their small and large motor skills. The hosts of these shows share a variety of fun and healthy recipes that parents and caregivers can use with children. The video hosts also discuss possible recipe variations and important safety precautions to consider when working with Kids in the Kitchen.</p>
<p>Putting It All Together Episodes 1, 2, and 3 of the Putting It All Together series (1-hour training series) English</p>	<p><b>3-5</b></p>	<p>Tune into this 1-hour video collection to learn important ways that you can connect with the children and families in your care, provide healthy and safe environments, promote early literacy and facilitate children's language.</p>
<p>Fun in the Sun Everyday Play Activities for Children</p>	<p><b>4-1</b></p>	<p>This video provides creative low and no-cost activity ideas for children. Tune into this half-hour video and join the video hosts, as they share fun, educational and cost-effective activity ideas that are designed to help children learn through the use of their senses, and develop social skills, motor skills, and language.</p>
<p>Activities for Learning Math: Numbers, colors and shapes (1-hour training)</p>	<p><b>4-2</b></p>	<p>This program provides information on ways to help teach children math concepts and creative ways to highlight math concepts in our everyday activities.</p>
<p>"Active Times Quite Times" (1-hour training)</p>	<p><b>4-3</b></p>	<p>This program provides information regarding transitions and explains why it is so difficult for young children to move from one activity to the other. Ideas on how to assist children during the day with transitions are also discussed.</p>
<p>"Biting and Sharing" (1-hour training)</p>	<p><b>4-4</b></p>	<p>If you care for Infants and Toddlers, chances are you will experience issues with biting and sharing. This program explains why children bite and have difficulty sharing. Ideas on helping children through this developmental stage is discussed along with legal and health concerns.</p>

Look for **NEW** trainings on our web page at <http://kcsos.kern.org/cccc>