

USEFUL LINKS

California Department of Education Health Resources: www.cde.ca.gov/ls/he

My Pyramid: www.mypyramid.gov

Health Education Content Standards: www.cde.ca.gov

California Department of Public Health: www.cdph.ca.gov

First 5 California: www.cfcf.ca.gov

Kern Fitness Challenge: www.kernfitness.org

Volkslauf: www.volkslauf.com

The Bakersfield Track Club: www.bakersfieldtrackclub.com

California State University Bakersfield: www.csub.edu

Bakersfield Community College: www.bc.cc.ca.us

National Athletic Trainers' Association: www.nata.org

Faces of Meth: <http://www.drugfree.org/Portal/DrugIssue/MethResources/faces/index.html>

p.e. links 4 u: www.pelinks4u.org